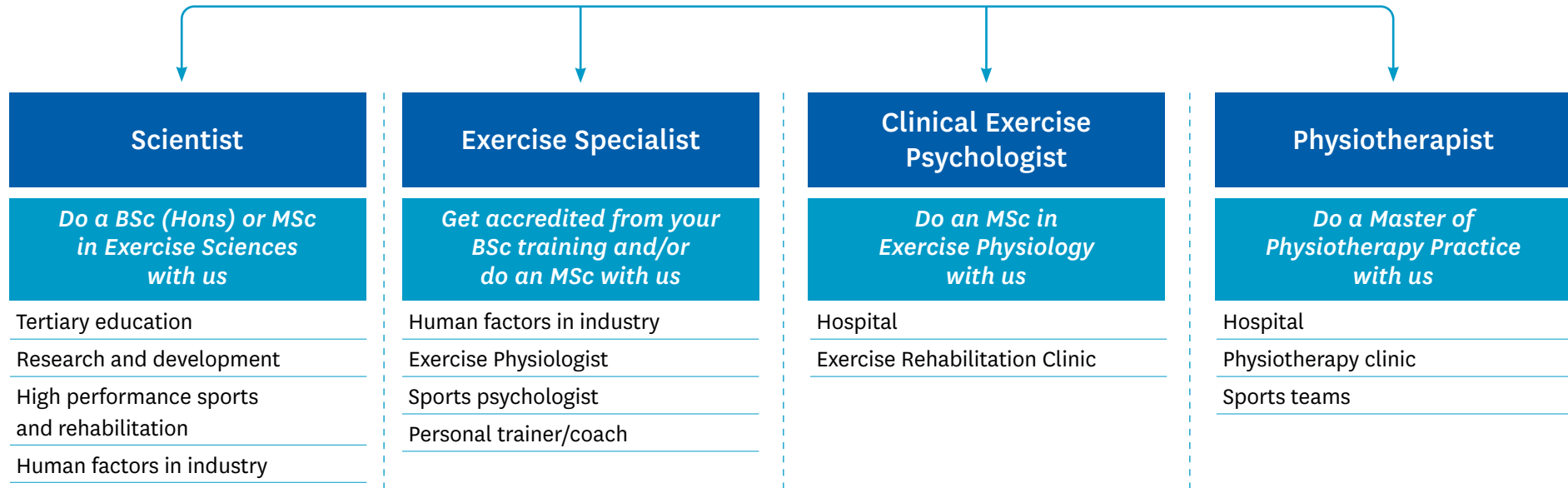


For more information contact our undergraduate advisor: Angus McMorland | [ugadvice-exercise@auckland.ac.nz](mailto:ugadvice-exercise@auckland.ac.nz)

## BSc in Exercise Sciences (3 years)



## Year 1: Foundations



Systems physiology



Human anatomy



Exercise prescription

## Year 2: Core knowledge and skills – focus on healthy individuals (Major: 3 of 4 core subjects | AESS pathway: All 6 subjects)



Biomechanics



Movement neuroscience



Exercise physiology



Sport/exercise psychology



Option: Exercise nutrition



Practicum

## Year 3: Advanced and independent learning: Focus on special populations



Advanced work in core subjects



Advanced practicum



Capstone



Option: Research project