



**EDUCATION AND
SOCIAL WORK**

Course Outline 2019

EDUC 341: INTRODUCTION TO COUNSELLING IN THE COMMUNITY (15 POINTS)

Semester One (1193)

Course Prescription

An examination of the application of basic principles of counselling to the needs of individual children and adults and to couples, families and other groups.

Programme and Course Advice

Prerequisite: Any 45 points passed at stage II

Learning Outcomes

By the end of this course it is expected that the student will be able to:

1. To understand the concept, aims, principles and theoretical foundations of counselling as applied within the community.
2. To recognise the different aspects of the 'human condition' that may benefit from specialised counselling.
3. To be familiar with the many and varied cultures within the community and how they might access counselling.
4. To develop an awareness of the counselling services within the community.
5. To engage in personal and professional reflection.

Content Outline

Lectures:

Week 1	Introduction
Week 2	Principles, theoretical foundations and process of counselling; the therapeutic relationship; defining the 'community';
Week 3	Counselling skills; Microskills
Week 4	Working with grief and loss
Week 5	Working with Asian clients
Week 6	Working with young people
Week 7	Working with depression
Week 8	Working with diversity
Week 9	Working with trauma
Week 10	Working with refugees
Week 11	Working with alcohol and drugs
Week 12	Creative counselling practice

Learning and Teaching

Attendance in class as well as engagement with course activities and readings supports academic success. Therefore it is strongly recommended that students make every effort to attend class and complete all the necessary in-class requirements. For those students who are enrolled in flexible delivery courses full participation in, and completion of all the online activities is strongly recommended as an aid to success.

Students are urged to discuss privately any impairment-related requirements face-to-face and/or in written form with the course director/lecturer and/or tutor.

Teaching Staff

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Learning Resources

There is no required textbook for this course.

A range of articles and course materials will be provided.

Assessment

Assessment Type	Weighting
Critical Discussion	25%
Research Report	60%
Personal Reflection	15%
Total	100%