



**EDUCATION AND
SOCIAL WORK**

Course Outline 2018
SOCHLTH 313: MENTAL HEALTH IN SOCIAL PRACTICE (15 POINTS)
Semester 2 (1185)

Course Prescription

An exploration of the dynamics of social practice with service users and their whanau/family with mental health issues. This course includes an examination of mental health policy and broad approaches to care and recovery. An overview knowledge of the major mental health illnesses and associated recovery strategies will be provided. The impact of mental health issues in Maori, Pasifika, people with disabilities, young people and refugee and migrant communities will be examined.

Programme and Course Advice

Pre requisites: None

Goals of the Course

We have constructed this course to be about 'mental health literacy', i.e. to introduce you to broad concepts and perspectives about mental health so that as future practitioners in social work and human services, you can recognise and respond to mental health needs in the community with compassion, understanding and knowledge. We could have a whole degree on the subject, so this is an overview which will hopefully ignite and inspire your interest.

Learning Outcomes

At the completion of the course, it is intended that students will be able to:

1. Describe mental health concepts and policy and broad approaches to care and recovery
2. Articulate knowledgeably the major mental health disorders and associated recovery strategies and,
3. Understand the impact of mental health issues in particular communities

Learning and Teaching

There are 36 hours of teaching as part of this course.

Teaching Staff

Dr. Barbara Staniforth

Ms. Kiri Wilder

Faculty of Education and Social Work

Learning Resources

There is no required textbook for this course. A range of articles and course materials will be provided through Talis, the University's online reading list management system.

Assessment

Assessment Type	Weighting
Assignments	50%
In class reflections	10%
Exam	40%
Total	100%