

Master of Health Sciences in Nutrition and Dietetics

The Master of Health Sciences (MHSc) in Nutrition and Dietetics is designed to provide the specialised postgraduate training required to enable graduates to seek registration with the New Zealand Dietitians Board, in order to practise as a Dietitian in New Zealand. Dietetic care includes the provision of safe, enjoyable, nutritionally adequate and appropriate food and fluids to meet people's nutritional needs.

This two year, full time programme of study will provide learning in applied nutrition, public health nutrition, food service management, and professional skills. Practical skills will be developed through small group learning and 20 weeks of placement in a range of dietetic settings. Students will also complete a research thesis in order to provide a foundation for evidence-based practice.

To be eligible to apply for enrolment in this degree, a candidate must have completed The University of Auckland Bachelor of Science (BSc) in Food Science and Nutrition (Nutrition Pathway), or an equivalent human nutrition qualification from a recognised tertiary institution.

For more information on the BSc in Food Science and Nutrition (Nutrition Pathway) please go to:

www.science.auckland.ac.nz/uoa/food-science-and-nutrition

MHSc in Nutrition and Dietetics Course Structure:

Year 1 Courses:

DIETETIC 703	Clinical Nutrition: Disease Pathophysiology and Management
DIETETIC 704	Professional Skills 1
DIETETIC 705	Professional Skills 2
POPLHLTH 701	Research Methods in Health
MAORIHTH 701	Foundations of Māori Health

Year 2 Courses:

DIETETIC 793A	Thesis
DIETETIC 706	Professional Skills 3
POPLHLTH 765	Nutrition Interventions in Public Health
DIETETIC 793B	Thesis



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Selection

Entry into the MHSc in Nutrition and Dietetics is competitive due to the limited number of places available (up to 20 domestic places).

Applications will be ranked on GPA.

Up to 15 places are reserved for students studying the University of Auckland BSc in Food Science and Nutrition (Nutrition Pathway). BSc in Food Science and Nutrition (Nutrition Pathway) students should apply for admission to the MHSc Nutrition and Dietetics after they have successfully completed the first designated 180 points of the pathway (midway through their second year – **closing date 1 July**). Conditional offers will be made for entry 18 months ahead. Offers will be conditional to students completing their BSc in Food Science and Nutrition (Nutrition Pathway) within the required timeframe, and maintaining a GPA of at least 6 over the last 240 points of their degree. Offers will also be conditional to applicants attending and passing an interview in November of their third year. It is not possible to defer the commencement of a place, so a student would normally need to maintain an enrolment of 60 points per semester for the remainder of their undergraduate programme.

For current BSc in Food Science and Nutrition (Nutrition Pathway) students, all Nutrition Pathway courses undertaken at The University of Auckland prior to application will be used in the GPA calculation.

Students in the Nutrition Pathway or from other institutions with an equivalent qualification can also apply "as graduates" **by 1 October** of the year before they're planning on starting the MHSc, for the remainder of the places. For graduate applicants, the most recent two years' full time equivalent of relevant courses will be used for the GPA calculation.

Graduate applicants are also required to attend and pass an interview as part of the selection process.

Māori and Pacific Students

One of the aims of The University of Auckland Nutrition and Dietetics programme is to help increase the number of Māori and Pacific dietitians in the New Zealand workforce. Māori and Pacific students are strongly encouraged to enrol for the BSc in Food Science and Nutrition (Nutrition Pathway) and to apply for the MHSc in Nutrition and Dietetics. Preference may be given to Māori and Pacific students.

Further Information:

For further information about the MHSc in Nutrition and Dietetics, please go to: www.fmhs.auckland.ac.nz/nutrition-dietetics

Contact Details:

Discipline of Nutrition & Dietetics

Email: dietetics@auckland.ac.nz

Application and Enrolment:

To ensure you apply and enrol on time, and for more information on degree regulations, please go to The University of Auckland Faculty of Medical and Health Sciences website:

www.fmhs.auckland.ac.nz

Disclaimer:

Although every reasonable effort is made to ensure accuracy, the information in this document is provided as a general guide only for students and is subject to alteration. All students enrolling at The University of Auckland must consult its official document, the Calendar of The University of Auckland, to ensure that they are aware of and comply with all regulations, requirements and policies.



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