

POSTGRADUATE STUDY IN PROFESSIONAL SUPERVISION

Elective Papers 2023



Take your clinical and professional supervision skills to the next level with our multidisciplinary programmes which develop your clinical and professional supervision and leadership skills.

Postgraduate study in Professional Supervision provides an opportunity to learn and reflect alongside course colleagues from a broad range of health and allied health professions, including social workers, counsellors and human services workers.

Through elective courses you will develop your critical skills and deepen your knowledge. With direct applications to your current workplace, these courses offer the opportunity to fine-tune your supervision skills and cover the complex dimensions of stress and trauma encountered by health and human services workers.



Elective paper **PROFSUPV 712: Critical Approaches in Reflective Supervision** allows students to explore contemporary theories and practice frameworks for reflective supervision in health, counselling and human services. Different modes of supervision will be examined along with creative action methods of supervision engagement.

In the second semester of 2023, students will explore the complex dimensions of stress and trauma encountered by health and human services workers in elective paper **PROFSUPV 710: Stress and Trauma in Health and Human Services**. This course critically explores research-led strategies to address personal, professional and organisational responses to stressful environments, with an emphasis on professional supervision.



**EDUCATION AND
SOCIAL WORK**

Designed for working professionals, postgraduate study in Professional Supervision will benefit practitioners in a range of fields, from social work and health to legal services and education. Grow your skillset and get in touch today.

For more information, visit or contact the University of Auckland Student Hubs where friendly staff can provide you with advice. Email studentinfo@auckland.ac.nz