



**MEDICAL AND  
HEALTH SCIENCES**

# Improving wellbeing outcomes for Pacific families

15-point Micro-credential

Micro-credential

Are you ready to make a real difference in the health and wellbeing of our Pacific communities? With our unique 15-point micro-credential you will broaden your understanding of the key healthcare challenges facing our Pacific communities in Aotearoa. Learn about the Pacific Whānau Ora programme and models of care and how this can be applied to ensure better wellbeing outcomes for Pacific whānau to thrive.

## What is a Micro-credential?

Our micro-credentials are industry-endorsed and recognised by leading health employers. Designed for working professionals, they allow you to study for a short period of time in a hybrid learning environment and will provide you with additional skills and knowledge to complement your existing qualifications or experience.

## Course structure

This University of Auckland micro-credential is the only university course navigating the Pacific Whānau Ora model in Aotearoa New Zealand healthcare. Over 15 weeks, you will enjoy a combination of online and on-campus learning, from weekly learning modules, face-to-face time, lectures, group work and one-on-one work with course facilitators.

## What will you learn?

- Polynesian Migration and Talanoa
- History of Pacific Migrants into Aotearoa New Zealand
- The State of Pacific People in New Zealand
- Whanau Ora, History
- Origin Story
- The Cultural Context that Frames Our Narrative
- Pacific Whanau Ora Programme and Pacific Models of Care
- The Art of Storytelling, Whanau Ora Model of Care, Talanoa

## Entry requirements

- Extensive relevant work experience is required for applicants who have no prior tertiary qualification.
- Currently available to NZ citizens and permanent residents.

## Course benefits

Learners who complete this micro-credential will be able to:

- Understand and describe what Pacific definitions of individual-collective wellbeing are.
- Explain how the cultural and historical context of Pacific families in New Zealand has shaped Pacific wellbeing outcomes and impacted Aotearoa New Zealand's overall wellbeing outcomes today.
- Describe the models of care used to improve wellbeing and social outcomes in the Pacific Whānau Ora programme.
- Evaluate family stories as knowledge sources of wellbeing and social impact.
- Critically reflect on relational positionalities and how to implement the Pacific Whānau Ora model.

Upon completion of the course, you will be awarded with 15 credit points from the University of Auckland and a digital badge, a visual representation of your accomplishment that can be stored and shared online.

*"The course has allowed me to improve my nursing practice and to be a better navigator, by increasing my knowledge in 'talanoa' and applying theories to our Pasifika culture and values."*

**Current Student – Setaita Ha'unga**



## Enquiries

To speak to someone about this course please contact:

**Yvonne Sinclair –Programme Manager**

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For more information, visit the course page on our website via this link [auckland.ac.nz/pacific-health-microcredential](https://auckland.ac.nz/pacific-health-microcredential)

Disclaimer: The information in this document is a general guide only for students and is subject to alteration. All students enrolling at the University of Auckland must consult its official Calendar to ensure that they are aware of and comply with all regulations, requirements and policies. Publication date: June 2024 | Course code: FMHS HLTHSCI 7001MC