

Welcome to Newsletter 26 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

Congratulations to all our Australian and New Zealand sites for reaching our next big recruitment milestone of 1000 babies!

We strongly encourage you to take this opportunity to celebrate this accomplishment with your local teams. A small gift is on its way to you and please let us know if you would like some support for a local event, and don't forget to share your photos with us!

Congratulations to all of us, and let's keep the ball rolling - can we reach another 500 babies by the end of the year?



TRANS TASMAN RECRUITMENT CHALLENGE





The Trans-Tasman recruitment challenge is back! Get ready to go head to head as our Australian and New Zealand sites compete during September. Prizes will be awarded to the top recruiting site of each country, and for each site that reaches their recruitment target. Winners will be announced in our October newsletter issue.

Can you help your country turn out on top?



Medical Research **Future Fund**







C + STAR CLINICIAN OF THE MONTH

Congratulations Stephanie Roydhouse for being our July C*STAR of the month! Stephanie is a Senior Resident Medical Officer from John Hunter Hospital who has shared:

"C*STEROID is quite a new study here. In a clinic setting we are still getting background information from our patients and are often the first person to discuss this with them. It is at the point when most of their decisions are starting to be made and sometimes one of the most important discussions that women have, which I think is an interesting thing to take on board. Having the availability of resources to facilitate discussion and get the ball rolling has been quite useful. I'm curious to see where the C*STEROID study goes at this hospital."





Instead of a reminder this month, we wanted to celebrate our sites for being REDCap C*STEROID superstars.

We appreciate everyone's efforts with completing and sending through completed CRFs.

A big special mention and thank you to our superstars:

- National Women's Health Prompt data entry
- **Christchurch** Uploading consent/confirmation of consent forms
- Waikato Follow up with participants (e.g. high EPDS)
- Wellington Adverse event/SAE reporting
- Sunshine/Bacchus Marsh Prompt data entry
- Women's and Children's Hospital Adelaide - Follow up with participants (e.g. high EPDS)
- Mercy Hospital for Women Quick query resolution

www.liggins.auckland.ac.nz/csteroid/



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MONTHLY RECRUITMENT LEADERBOARD

Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
X	Oct 2020	National Women's Health (Auckland)	16	401	11
2	Feb 2023	Sunshine/Bacchus Marsh (vic)	12	73	6
3	Feb 2021	Christchurch	4	139	3
4	Apr 2023	Royal Hospital for Women (NSW)	4	23	3
5	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	11	2
6	Oct 2023	Waitematā	4	6	2
7	Apr 2023	Mercy Hospital for Women (VIC)	4	27	1
8	Nov 2020	Waikato	8	132	2
9	Jun 2024	Campbelltown Hospital (NSW)	4	2	1
10	Jun 2023	Monash Health (vic)	4	15	2
11	Jul 2023	Ipswich Hospital (QLD)	4	15	1
12	Jun 2023	Ballarat Base Hospital Grampians Health (vic)	4	15	1
13	Apr 2023	Royal Women's (VIC)	4	6	1
14	Mar 2024	John Hunter Hospital (NSW)	4	1	1
15	Apr 2023	St George (NSW)	4	15	0
16	Jun 2023	Royal Brisbane and Women's (QLD)	4	6	0



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17	Apr 2023	Royal North Shore (NSW)	4	3	0
18	Jun 2022	Middlemore (Auckland)	4	27	0
19	Oct 2021	Wellington	4	36	0
20	Mar 2021	Tauranga	-	28	0
21	Apr 2021	Northland	-	5	0
22	Jun 2023	Townsville Hospital (QLD)	4	1	0
23	Jun 2023	Eastern Health Box Hill (vic)	4	0	0
24	Jun 2023	Liverpool Hospital (NSW)	4	0	0
25	Jun 2023	Northern Hospital (vic)	4	0	0
26	Sep 2023	Epworth Hospital	4	0	0
27	Apr 2024	Fiona Stanley Hospital (WA)	4	0	8
= New sites	= Moved up the	leader board Total		987	37

MELL DONE!

National Women's Health for getting back on top of the leaderboard!

Congratulations to our other sites for moving up the leaderboard:

- Sunshine/Bacchus Marsh
- Campbelltown Hospital
- Monash Health
- Ballarat Base Hospital Grampians Health
- Royal Women's
- John Hunter Hospital

Please note these recruitment numbers are as of the end of July. Our milestone of 1000 babies was reached in the first few weeks of August.

A special mention to John Hunter Hospital for getting their

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