

Welcome to Newsletter 30 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

In November, we recruited 32 babies to the C*STEROID Trial. As the year draws to a close, it's a great time to reflect on the significant progress we've made over the past six years. Recruitment has steadily increased, and we are delighted to have enrolled...

A TOTAL OF 1165 BABIES



This is just over **45% of our overall target**, meaning we are fast approaching the half way mark. Our yearly recruitment rate is increasing and we hope to continue this progress and achieve our next set of goals in the New Year.



Let's keep this momentum going!!



Merry Christmas

We'd like to wish everyone involved with the C*STEROID Trial a very Merry Christmas! Thank you so much for all your hard work and dedication this year. If you're able to take some time off, we hope you have a wonderful, relaxing holiday. And for those working through the festive season, we truly appreciate all you do and hope you get some time off soon to enjoy.

Congratulations Dr Rhea Schulte for being our November C*STAR of the month! Rhea is an Obstetrics & Gynaecology Senior HMO at Sunshine Hospital in Australia. Rhea has kindly shared a few words about her experience working in research:

*“I am very happy to support the hard work of the C*STEROID Trial research team. I hope the results will help inform our future practice to achieve better outcomes for women and their babies.”*



Dr Rhea Schulte



HAPPY HOLIDAYS



Don't forget to keep an eye out at your sites for some Christmas treats coming your way!



C*STEROID Trial Database - Neonatal Outcome CRF8

Common error: Baby admitted to neonatal unit and discharge summary not sent to Auckland coordinating centre.

Correct approach: If baby was admitted, please upload a copy of the neonatal unit discharge summary to CRF8 on REDCap.

PARTICIPANT STORY



“I felt confident not only that the trial was safe, but that the results are likely to help so many pēpi like Hana in the future.”

DANIELLE, C*STEROID PARTICIPANT

We love to hear from our previous participants. To check out the latest story, head to our Facebook page.

 <https://www.facebook.com/csteroidtrial>

If you know of any women who would also like to share their story, please email us.



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Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1	Oct 2020	National Women's Health (Auckland)	16	447	12
2	Feb 2021	Christchurch	4	177	5
3	Jun 2023	Monash Health (VIC)	4	26	3
4	Apr 2023	Royal Women's (VIC)	4	20	3
5	Oct 2021	Wellington	4	44	3
6	Jun 2022	Middlemore (Auckland)	4	32	2
7	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	92	1
8	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	14	1
9	Oct 2023	Waitematā	4	10	1
10	Jul 2023	Ipswich Hospital (QLD)	4	19	1
11	Apr 2023	Royal Hospital for Women (NSW)	4	30	0
12	Nov 2020	Waikato	8	137	0
13	Apr 2023	Mercy Hospital for Women (VIC)	4	30	0
14	Apr 2023	St George (NSW)	4	18	0
15	Jun 2023	Royal Brisbane and Women's (QLD)	4	9	0
16	Jun 2024	Campbelltown Hospital (NSW)	4	5	0



17	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	17	0
18	Mar 2024	John Hunter Hospital (NSW)	4	1	0
19	Apr 2023	Royal North Shore (NSW)	4	3	0
20	Mar 2021	Tauranga	-	28	0
21	Apr 2021	Northland	-	5	0
22	Jun 2023	Townsville Hospital (QLD)	4	1	0
23	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
24	Jun 2023	Liverpool Hospital (NSW)	4	0	0
25	Jun 2023	Northern Hospital (VIC)	4	0	0
26	Sep 2023	Epworth Hospital	4	0	0
27	Apr 2024	Fiona Stanley Hospital (WA)	4	0	0
 = Moved up the leader board			Total	1165	

Congratulations National Women's Health for another month on top of the leaderboard, and for reaching double digits with 12 new recruits during November.



Other sites to celebrate this month for moving up the leaderboard include:

- Royal Women's
- Wellington
- Women's & Children's Hospital Adelaide
- Waitematā
- Ipswich Hospital

