

Welcome to Newsletter 32 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

We hope that each of you has had a delightful start to the year, taking the opportunity to enjoy the beautiful sunshine.

In January, we welcomed a **total of 42 babies**, bringing our cumulative total to 1,238 recruits in the C*STEROID trial. Remarkably, we are nearing the significant milestone of 50% of our recruitment goal. With this halfway mark in sight, we are enthusiastic about the steady increase in our monthly recruitment this year!

As mentioned last month, all sites now have **updated recruitment targets** – so be sure to check out the leaderboard. We can't wait to see you smashing those targets! 🎯

A special acknowledgement goes to **Barwon Health** for their outstanding performance, achieving their target within the first month of joining the trial – a commendable accomplishment! Congratulations on this impressive start and for positioning yourselves near the top of the leaderboard.



MISSION COMPLETE!

THANK YOU FROM THE TRIAL COORDINATING TEAM

We appreciate all of you for wrapping up those data entries and resolving data queries in preparation for the upcoming DMC meeting. We're super lucky to work with such an efficient team. The coordinating team sends a BIG thank you.

NEW PARTICIPANT STORY

Please check out the latest story from one of our participants:

 <https://www.facebook.com/csteroidtrial>

If you have any women who'd like to share their story, please email us on trials.admin@auckland.ac.nz

“ We liked the idea that we could contribute to science that would help other people. ”

C*STEROID PARTICIPANT



Coming in March

Investigators Meeting at PSANZ 2025 Congress

Come join us at the next **C*STEROID and PRECeDe Joint Investigators Meeting** at PSANZ 2025 in Brisbane on **Tuesday 18th March**.

Prize draw for both in-person and Zoom attendees:



Yes, you heard it right! Prizes for just showing up this year. 🎉
 We're picking **two lucky winners** to receive a special prize (1 x in-person attendee and 1 x Zoom attendee). Don't miss this golden chance - Join the meeting, put your name in the hat and maybe walk away with a prize!

Please arrive for a **12:45pm** start, this will give you time to grab your lunch from the PSANZ exhibition hall at the end of the morning sessions - feel free to bring it along with you.

Send your **RSVP** here: <https://forms.gle/Q6cSiuHwSqx3o1Cn6>

We look forward to catching up with you in person.

C*STEROID and PRECeDe Joint Investigators Meeting at PSANZ 2025

Tuesday 18th March 2025

12.45pm - 1.30pm

TBC

Zoom - Meeting ID: 924 8519 3846 Passcode: 186340



Thank you again for your ongoing efforts in completing data entry! Here are some common mistakes picked up from the recent data cleaning with tips on how to avoid them.

Common Errors

Correct Approach

The dates and/or times of neonatal BSLs (first 12 hours of birth) are not consecutive.

Take time to **re-check your entries** on REDCap to ensure entered dates/times are **consecutive**.

Medicare consent (for both mother and child) - Authorisation period entered incorrectly.

The authorisation period must be clearly defined as **4.5 years (e.g. 1 Feb 2025 to 1 Aug 2029)**.

The baseline EPDS score recorded in the CRF3 does not correspond with the score documented in the EPDS questionnaire.

Please ensure you record the **score calculated from the baseline EPDS** questionnaire in the CRF 3 Baseline form.


CONTACT US

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Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
★ 1	Feb 2021	Christchurch	13	194	10
2	Oct 2020	National Women's Health, Auckland	14	460	9
★ 3	Jan 2025	Barwon Health (VIC)	4	4	4
★ 4	Apr 2023	Royal Hospital for Women (NSW)	4	34	4
5	Apr 2023	Royal Women's Melbourne (VIC)	5	28	4
6	Feb 2023	Sunshine/Bacchus Marsh (VIC)	9	98	3
7	Jun 2024	Campbelltown Hospital (NSW)	2	10	2
★ 8	Apr 2023	Mercy Hospital for Women (VIC)	4	32	2
9	Jun 2023	Monash Health (VIC)	5	29	1
★ 10	Jun 2023	Royal Brisbane and Women's (QLD)	3	10	1
★ 11	Oct 2021	Wellington	3	45	1
12	Jun 2023	Women's and Children's Hospital Adelaide (SA)	3	16	1
13	Nov 2020	Waikato	4	140	0
14	Jun 2022	Middlemore (Auckland)	3	34	0
15	Mar 2021	Tauranga	-	28	0
16	Apr 2023	St George (NSW)	2	20	0



17	Jul 2023	Ipswich Hospital (QLD)	3	19	0
18	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	3	17	0
19	Oct 2023	Waitematā	2	10	0
20	Apr 2021	Northland	-	5	0
21	Mar 2024	John Hunter Hospital (NSW)	1	1	0
22	Jun 2023	Northern Hospital (VIC)	1	0	0
23	Apr 2024	Fiona Stanley Hospital (WA)	1	0	0
24	Jun 2023	Townsville Hospital (QLD)	-	1	0
25	Jun 2023	Liverpool Hospital (NSW)	-	0	0
26	Jun 2023	Eastern Health Box Hill (VIC)	-	0	0
*	Apr 2023	Royal North Shore (NSW)	-	3	-
 = New sites = Moved up the leader board				1238	



Massive high fives to Christchurch Hospital for keeping on top of the leaderboard and to Barwon Health for making an impressive start with four recruits in the first month! 🎉

Other sites to celebrate for moving up the leaderboard this month:

- Royal Hospital for Women (NSW)
- Mercy Hospital
- Royal Brisbane and Women's Hospital
- Wellington Hospital

