



Welcome to Newsletter 31 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

A new year means new targets!

With the New Year now in full swing, we are making changes to our ongoing monthly recruitment goals. We believe having something to work towards and achieve every month helps each site focus their efforts in contributing to the overall fabulous teamwork of the C*STEROID family and helps us on our way to completing C*STEROID within the next two years.

Don't worry we haven't plucked these new numbers out of thin air! We have reviewed everyone's monthly recruitment rates from last year, and selected your 90th percentile. This may seem a challenge but we know you can do it and we know a challenge helps!



Check out the table on the right to find your site's new monthly recruitment target!

Site	Monthly target
National Women's Health, Auckland	14
Christchurch	13
Sunshine/Bacchus Marsh	9
Monash, Royal Women's Melbourne	5
Waikato, Mercy, Royal Hospital for Women, Barwon Health	4
Middlemore, Wellington, Grampians Health, Ipswich, Royal Brisbane Women's Hospital, Women's and Children's Hospital Adelaide	3
Waitemata, Campbelltown, St George	2
Fiona Stanley, John Hunter, Northern	1

We hope these new monthly site targets are more relevant and realistic, let us know what you think.



Congratulations Dr Philip Beattie for being our December C*STAR of the month! Phil works as a private obstetrician at National Women’s Health, Auckland and is great at offering and discussing the C*STEROID Trial to the women he cares for. We asked Phil to share his experience about C*STEROID and his response was:

*“Working with the whole C*STEROID team is great, especially the amazing research midwives”.*



Dr Philip Beattie & Tracy McConachie (Research Midwife)



PSANZ 2025
Navigating Futures Together
 March 16-19
 Brisbane Convention & Exhibition Centre

Our next **investigators meeting** will be held at PSANZ during the lunchtime session on **Tuesday 18th March**. Please arrive by **12:45pm**, this gives you some time to get your lunch first. Room TBC. We hope to see many of you there!

DEADLINE REMINDER

The next **Data Monitoring Committee (DMC)** meeting scheduled for March.





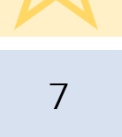

Key tasks to complete by **27 January 2025**:

- 1. Complete Data Entry:** Ensure that all pending data entry for the relevant study records is finalised as early as possible.
- 2. Address Data Queries:** Please check regularly for any outstanding data queries and resolve them promptly, new ones may be added as we review data.

CONTACT US

Prof Katie Groom k.groom@auckland.ac.nz
 Elisa Tam, Clinical Trial Manager
 Ph: +64 22 431 1988 elisa.tam@auckland.ac.nz

Australia
 Prof Joanne Said jsaid@unimelb.edu.au
 Kelly Eldebs Kelly.Eldebs@wh.org.au

Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
 1	Feb 2021	Christchurch	4	184	7
2	Oct 2020	National Women's Health, Auckland	16	451	4
 3	Apr 2023	Royal Women's Melbourne (VIC)	4	24	4
 4	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	96	4
 5	Nov 2020	Waikato	8	140	3
 6	Jun 2024	Campbelltown Hospital (NSW)	4	8	3
7	Jun 2023	Monash Health (VIC)	4	28	2
8	Jun 2022	Middlemore (Auckland)	4	34	2
 9	Apr 2023	St George (NSW)	4	20	2
10	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	15	1
11	Oct 2021	Wellington	4	44	0
12	Oct 2023	Waitematā	4	10	0
13	Jul 2023	Ipswich Hospital (QLD)	4	19	0
14	Apr 2023	Royal Hospital for Women (NSW)	4	30	0
15	Apr 2023	Mercy Hospital for Women (VIC)	4	30	0
16	Jun 2023	Royal Brisbane and Women's (QLD)	4	9	0



17	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	17	0
18	Mar 2024	John Hunter Hospital (NSW)	4	1	0
19	Mar 2021	Tauranga	-	28	0
20	Apr 2021	Northland	-	5	0
21	Jun 2023	Townsville Hospital (QLD)	4	1	0
22	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
23	Jun 2023	Liverpool Hospital (NSW)	4	0	0
24	Jun 2023	Northern Hospital (VIC)	4	0	0
25	Apr 2024	Fiona Stanley Hospital (WA)	4	0	0
27	Jan 2025	Barwon Health (VIC)	4	0	0
*	Apr 2023	Royal North Shore (NSW)	-	3	-

= New sites = Moved up the leader board

1197



Barwon Health Hospital

Welcome to **Barwon Health Hospital** who were activated on January 6th 2025 and have already had 2 recruits this year!! Keep up the great work.



Well done Christchurch Hospital for ending the year on the top of the leaderboard!!

Other sites to celebrate for the final 2024 leaderboard include:

- Royal Women's
- Sunshine/Bacchus March
- Waikato
- Campbelltown Hospital
- St George

