Welcome to Newsletter 24 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

We had **41 new recruits during May!** Over the first five months of the year we have steadily increased and maintained our monthly recruitment rates. However, to meet our trial completion date **we need to start reaching our monthly recruitment target of 55.** Can your site break your record this month and help the C*STEROID Trial achieve its highest recruitment month yet?



RECORD TO BREAK					
National Women's Health	16				
Waikato	12				
Christchurch	11				
Sunshine/Bacchus Marsh	8				
Mercy Hospital for Women	7				
Royal Hospital for Women, Middlemore, Wellington	5				
St George, Monash Health	4				
Royal Women's, Ipswich Hospital, Royal Brisbane and Women's, Women's and Children's Hospital Adelaide	3				
Royal North Shore, Waitematā, Northland, Tauranga, Ballarat Base Hospital Grampians Health	2				
Townsville Hospital	1				
Eastern Health Box Hill, Liverpool Hospital, Northern Hospital,	0				

BREAK THE



WILDERNESS

CHALLENGE

Reminder to all sites that during June, we are doing a 'Break the Winter Wilderness Challenge'. If your site can break your own monthly recruitment record, you will be rewarded!

Current monthly recruitment records for each site are shown in the table to the left. Winners will be announced as records are broken, so stay warm and lets keep recruiting!!



Epworth Hospital, John Hunter

Hospital, Fiona Stanley Hospital









CLINICIAN OF THE MONTH

Congratulations Stephanie Andersson for being our May C*STAR of the month!

Stephanie is a research midwife from St George Hospital in New South Wales, Australia. Stephanie has kindly shared a few words about her experience working in the C*STEROID Trial and what she finds interesting about the research:

found the aims of the C*STEROID Trial interesting and will be keen to see what the outcomes of the study are and how it might be integrated into midwifery care. After a bit of trial and error, using the iSTAT was fine and I tried my best to pass on what I knew to the rest of the team so we got the data needed for each case".





Thank you everyone for your ongoing efforts in sending through completed CRFs and resolving data queries in a timely manner. Please remember for the following CRF:

C*STEROID Trial Database - Neonatal Blood Sugar CRF7

Common error: BGCs section indicated that feeding/nutrition support (Dextrose gel/IV dextrose) was given in incidence of hypoglycaemia, but this was not reflected in subsequent section on "Feeding/nutrition support".

Correct approach: If the baby received feeding/nutritional treatment for hypoglycaemia, please also indicate this in the "Feeding/nutrition support" section, together with the date and time that the treatment/support was first given.

NZ INVESTIGATORS MEETING



Meeting ID: 924 8519 3846

Passcode: 186340

Join us for the next C*STEROID NZ Investigators meeting in a few weeks time. We would love to see you there!

Thursday 27th June 2pm NZST

Prof Katie Groom k.groom@auckland.ac.nz Elisa Tam, Clinical Trial Manager Ph: +64 22 431 1988 elisa.tam@auckland.ac.nz

Prof Joanne Said jsaid@unimelb.edu.au Lee-anne Lynch lee-anne.Lynch@wh.org.au















MONTHLY RECRUITMENT LEADERBOARD

Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
N/	Oct 2020	National Women's Health (Auckland)	16	383	13
2	Apr 2023	Mercy Hospital for Women (VIC)	4	25	7
2	Feb 2021	Christchurch	4	25	6
4	Nov 2020	Waikato	8	129	3
5	Feb 2023	Sunshine/Bacchus Marsh (vic)	12	61	3
6	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	14	3
77	Jul 2023	Ipswich Hospital (QLD)	4	13	2
8	Apr 2023	Royal Hospital for Women (NSW)	4	18	1
9	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	7	1
10	Apr 2023	St George (NSW)	4	14	1
111	Apr 2023	Royal North Shore (NSW)	4	3	1
12	Jun 2023	Royal Brisbane and Women's (QLD)	4	5	0
13	Jun 2022	Middlemore (Auckland)	4	28	0
14	Oct 2021	Wellington	4	36	0
15	Jun 2023	Monash Health (VIC)	4	13	0
16	Mar 2021	Tauranga	-	28	0







MONTHLY RECRUITMENT LEADERBOARD

17	Apr 2023	Royal Women's (VIC)	4	5	0
18	Apr 2021	Northland	-	5	0
19	Oct 2023	Waitematā	4	2	0
20	Jun 2023	Townsville Hospital (QLD)	4	1	0
21	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
22	Jun 2023	Liverpool Hospital (NSW)	4	0	0
23	Jun 2023	Northern Hospital (vic)	4	0	0
24	Sep 2023	Epworth Hospital	4	0	0
25	Mar 2024	John Hunter Hospital (NSW)	4	0	0
26	Apr 2024	Fiona Stanley Hospital (WA)	4	0	0
= Moved up the leader board Total			915	41	



Congratulations **National Women's Health** for another month on top of the leaderboard. Double digit recruitment and so close to breaking your record!

Our five other sites that have moved up the ranks include:

- Mercy Hospital for Women
- Waikato
- Ballarat Base Hospital Grampians Health
- Ipswich Hospital
- Royal North Shore

Well done to these sites for jumping up the recruitment leaderboard. Remember to keep endorsing, promoting and discussing the C*STEROID Trial at your sites. Good luck to all sites for the ongoing June Winter Wilderness Challenge!

