

Welcome to Newsletter 23 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

874

BABIES RECRUITED

We are almost at the 900 mark team! During April, we recruited 41 babies across all of our sites. This is only 14 away from reaching our monthly target of 55 babies. Can we excel past the 900 mark during May and set a new record for our overall monthly recruitment?

PSANZ 2024

JOINT INVESTIGATORS MEETING

It was wonderful to see many of you at PSANZ 2024 for our joint investigators meeting! We had some special sweet treats to share and discussed updates for the C*STEROID and PRECeDe Trial. Thank you to everyone who attended either in person or online.



Congratulations Angela Hindman for being our April C*STAR of the month! Angela is a midwife from Waikato who has encouraged and supported her own LMC clients to participate and is also happy to step in at the drop of a hat to provide her team with clinical assistance whenever needed (e.g. giving the C*STEROID injections). Angela has shared why she loves being involved with the C*STEROID Trial:

*“It is fantastic to be involved in quality local research such as the C*STEROID Trial to demonstrate the effect of corticosteroids in 35⁺⁰ - 39⁺⁶ week babes born via elective caesarean. The C*STEROID Trial will guide future practice and enable us to provide evidence based care plans for whānau. It is a privilege to observe women's genuine commitment to research during their involvement in the C*STEROID Trial - thank you!”*

REMEMBER!

If you want to **nominate a colleague to become our next monthly C*STAR**, please email us at csteroid@auckland.ac.nz.



From left to right: Dr Victoria Carlsen, Angela Hindman & Claire Carpenter.

BREAK THE



WILDERNESS CHALLENGE

During **June**, we will be doing another site recruitment challenge. The ‘Break the Winter Wilderness’ challenge will award prizes to any sites that break their own recruitment record next month.

Prizes and winners will be announced as sites break their own record, and a summary of winners will be included in our June newsletter.

CONTACT US







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We have another new Australian site on board with the C*STEROID Trial. **Welcome Fiona Stanley Hospital** from Western Australia! This is our 26th site overall, and the first hospital to join us from Western Australia.

We are very excited to have you as part of the team, and look forward to celebrating your future recruits.

Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1 	Oct 2020	National Women's Health (Auckland)	16	370	12
2 	Feb 2021	Christchurch	4	119	11
3	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	58	7
4 	Apr 2023	Royal Hospital for Women (NSW)	4	17	4
5 	Jun 2022	Middlemore (Auckland)	4	28	3
6 	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	6	2
7	Oct 2021	Wellington	4	36	1
8 	Apr 2023	St George (NSW)	4	13	1
9	Jun 2023	Royal Brisbane and Women's (QLD)	4	5	0
10	Nov 2020	Waikato	8	126	0
11	Apr 2023	Mercy Hospital for Women (VIC)	4	18	0



MONTHLY RECRUITMENT LEADERBOARD

12	Jul 2023	Ipswich Hospital (QLD)	4	11	0
13	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	11	0
14	Jun 2023	Monash Health (VIC)	4	13	0
15	Mar 2021	Tauranga	-	28	0
16	Apr 2023	Royal Women's (VIC)	4	5	0
17	Apr 2021	Northland	-	5	0
18	Oct 2023	Waitematā	4	2	0
19	Apr 2023	Royal North Shore (NSW)	4	2	0
20	Jun 2023	Townsville Hospital (QLD)	4	1	0
21	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
22	Jun 2023	Liverpool Hospital (NSW)	4	0	0
23	Jun 2023	Northern Hospital (VIC)	4	0	0
24	Sep 2023	Epworth Hospital	4	0	0
25	March 2024	John Hunter Hospital (NSW)	4	0	0
26	April 2024	Fiona Stanley Hospital (WA)	4	0	0
 = New sites = Moved up the leader board			Total	874	41



Congratulations National Women's Health for staying on top of the leaderboard this month! Both National Women's & Christchurch Hospital did a fantastic job with double digit recruitment. Well done to the five other sites that also moved up the leaderboard during April.